

What can you do right now to assist yourself?

It's not a good idea to gamble if you're angry or upset.

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Being honest with your friends and family can assist you.

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Set yourself a limit of money to gamble and stick to it.

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Limit your access to cash.

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Find new ways to spend your time.

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Find your nearest Gambling Help counsellor to assist.

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Choose self-exclusion as a tool to help yourself.

Self-exclusion and counselling are there to help you.

For confidential advice:

ClubSAFE Counselling

1800 99 77 66

clubsafe@clubsnsw.com.au

Scan the QR code to self-exclude now.



GambleAware

1800 858 858

phone, face-to-face
or online counselling
www.gambleaware.nsw.gov.au



MVSE

Multi-Venue Self-Exclusion



If gambling isn't fun anymore, it's ok to ask for help.



ClubSAFE

What is self-exclusion?

Self-exclusion is a voluntary self-help program designed to offer anyone the ability to ban themselves from gaming areas in order to take control of their gambling habits.

You don't have to hit rock-bottom before getting help. Just check in with yourself — if it's no longer fun, it's ok to put your hand up.

How do I self-exclude?

Getting started is easy.

Approach a staff member at your local club who can initiate self-exclusion for you or scan the QR code on the reverse of this brochure.

Alternatively, contact a gambling counsellor in your area — find the nearest gambling counsellor to you by calling:

ClubSAFE Counselling 1800 99 77 66

Sign a Deed of Self-Exclusion

This will determine the duration of the self-exclusion period (six months up to four years) and the venues you wish to be excluded from.

You will also be able to nominate the venue areas — the entire club, gaming areas only, or a total gambling ban.

After signing the deed, your photo will be taken and confidentially uploaded to the ClubSAFE Multi-Venue Self-Exclusion® (MVSE) system.

All the venues you chose will be immediately notified giving you peace of mind — many participants have reported the sense of relief this step brings.



What is MVSE?

The ClubSAFE MVSE® system manages all aspects including your personal information in a secure and confidential environment. The centralised nature of the system allows for easy access at the venue level and eliminates any time delays — at the click of a button, venues you have nominated will be aware of you and your choice to self-exclude.

What happens if I enter a gaming area while self-excluded?

Your choice to self-exclude is serious.

Should you enter your nominated areas and are detected, staff will immediately assist you offsite.

You have signed a legal document that authorises the club to prevent you from entering or request that you leave the areas you have chosen. Repeat attempts to enter or remain in these areas could result in disciplinary action and your club membership being revoked indefinitely.

Can I register someone else for self-exclusion?

As the name suggests, self-exclusion is completely voluntary and entry into the program can only come from the person who wants to participate. However, if you are concerned about a family member or friend, contact ClubSAFE.